

INSTANT BOOKS

"Instant Books are new ways of writing the angels have revealed to me. They don't waste words. They immediately transform the way you see the world."

ALAIN DAGBA

The Author

manifestament

**When Everything About
Manifestation Becomes So Clear That
You Will Have No Other Choice But
To Manifest With Ease and Flow.**



"Each book is literally the transcript of what I have channeled from my Higher Self and the Angels. That's why the message is so clear and transforming."

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INTRODUCTION

The Angel Said To Me:

“You will start writing in a different way. It’s the new way of writing that the world will soon begin to apply—especially spiritual authors and writers.”

I Asked:

“What is this new way?”

The Angels Replied:

“INSTANT BOOKS. They will be short insights channeled by your soul. This is the new way of communicating to the new human race that is emerging. This way of writing will speed up the INSTANTaneous evolution of the human consciousness above the advancement of technology. So that what humans create does not become a handicap to their ascension into the light of TRUTH or absolute LOVE.

ALAIN DAGBA

UNDERSTANDING WHAT YOU HAVE PURCHASED

Please Read Carefully

A certain young chef purchased a piece of paper with a five-bullet point note written on it for \$1Million from an older gentleman who has retired from his restaurant business as a multimillionaire.

A few years later, after the young chef applied the five-bullet point note, he also became a multimillionaire with more time to spend with his family, to travel, and to serve the world with noble causes.

Here is the truth: What the young chef purchased was not a piece of paper. It was not the five-bullet point note either. It was the recipe that made the older gentleman a retired wealthy man.

So, what have you purchased? Not the number of pages this Instant Book has. Not the number of words written in this Instant Book. You have purchased a spiritual mind-rewiring recipe. Keep that in mind as you continue to read this Instant Book. And watch your life transformed.

SOMEONE ONCE ASKED ME:

“How Do You Know It’s The Voice Of The Angels and God You Are Hearing, That All These Messages Are Not Just Coming From Your Own Brain?”

I REPLIED:

“If my brain could be this wise and intelligence to speak with so much clarity and neuropathway-rewiring ability and power, then my brain is God.

The brain speaks the language of the past. The brain speaks what it is familiar with. It speaks from an information that has been previously given to it.

The brain speaks from the past. It cannot think anything beyond the past. That’s how I know even my brain needs this higher intuitive divine wisdom.”

HOW TO USE THIS BOOK

A Simple Instruction To Follow

1. Read the entire book in a day
2. Take a one-day break from reading this book
3. Read the entire book again on the third day
4. Take a one-day break again from reading this book
5. Read the entire book again on the fifth day
6. Start doing the practices

PS: Be aware that the title of the insights are my questions to my Higher Self (God/Christ/Holy Spirit) and to the Angels. They insights are their replies.



LASTLY

In this Instant Book, I share with you how I practically used the insights the angels and my Higher Self gave me as a template for you to follow and get the same result—if not a greater one.



INSIGHT 1

What is the meaning of manifestation?

To manifest is to make what is invisible become visible. To manifest is to translate energy into form. To manifest is to make tangible what was non-tangible. To manifest is to make what was hidden appear. To manifest is to make the non-physical become physical.



INSIGHT 2

What Can We Manifest As Humans?

You can manifest whatever is invisible to make it visible.

Example: An idea, a thought, a desire, a dream, a goal, a feeling, and even a version of yourself that you have been conceptualizing in mind. Anything that is not yet in your direct physical experience is a potential element of manifestation.



INSIGHT 3

Why do we feel the need to manifest?

You feel the need to manifest because your soul *desires* to experience more of itself and more of life-energy based on your construct. This construct is called the human nature. And Nature is imbued with a propelling force to evolve itself into something bigger, better, greater, and more expanded. You can't stop it.



INSIGHT 4

Can we manifest anything we want?

Anything that is non-physical can be manifested. If you want to manifest a certain house, it has to first be an idea, a thought, a desire, a dream, a concept in your mind, or a picture, or an image in your mind. So, anything that can be classified as non-physical can be manifested.



INSIGHT 5

Can we manifest a person?

When you want to manifest a person, what you are really desiring is a certain quality about the person. So, the quality is non-physical, an idea, a concept, or a picture you have in mind. So, yes, you can manifest a person by knowing the quality in the person that you want to experience.

INSIGHT 6

Can we manifest what we cannot afford?

Not being able to afford is first a thought. Yes, your bank account may show a *fact* that you have less money than what you want.

But you must think about not being able to afford for that *fact* to feel real to you. So, since what you can manifest must first be non-physical, you will manifest the thought of not being able to afford. Very simple.



INSIGHT 7

How can I afford anything I want to manifest?

You don't need to afford what you want to manifest. Thinking you need to afford before you can desire is a mental conditioning.

You first desire and then the desire guides you to the means to have what you want. Not the other way around. How bad do you want it, and how clear is the picture of what you want in mind? That's the question to ask yourself.



INSIGHT 8

How do I start the process of manifestation?

You are always manifesting. There is no start. It is what happens on its own the moment you wake up from your bed. Every thought, idea, desire, image, feeling, whether conscious or unconscious is putting on *flesh* or form through the progressive movement of time and your activities throughout the day.



INSIGHT 9

How do I become more conscious of what I manifest?

To manifest unconsciously is called unconscious creation. To manifest consciously is called conscious creation. To become a conscious creator, you have to learn the art of aligning your energy.



INSIGHT 10

How do I align my energy?

There is one energy flowing through all things. This one energy is LIFE. When it flows through you, you experience it as a mental energy or thoughts, an emotional energy or feelings, an intuitive energy or gut feelings, and a physical energy or vitality. All four energies must be aligned toward what you want to “teleport” from non-physical to physical.



INSIGHT 11

How can all four become aligned?

They don't become aligned. You align them because your brain with its past-wiring always disorganizes your energies. It makes the mind want something different from the heart, the heart want something different from the gut, and the gut want something different from the body or your actions. A kingdom divided against itself cannot manifest with ease and flow.



INSIGHT 12

How do I unite my four energies?

To unite all four energies is what you call Yoga. Yoga means Oneness. You have to become one within yourself. If you want something, you have to create a vivid image of it in your mind until your feelings or your heart agrees with your mind. Once the two agree, the gut will join them. The gut will then condition your body through your daily inspired-actions to follow what the mind and the heart agreed upon.

INSIGHT 13

How does the agreement between mind and hear feel like?

Peace is the energy of their agreement. The process of uniting all four energies into one is an art known as inner engineering or aligning your internal energies into One Energy. When this agreement takes place, you are no longer divided within you. This is the true meaning of peace. Peace is when all the pieces become one. This oneness is known as wholeness.



INSIGHT 14

What is the real meaning of wholeness and flow?

When you are not divided within you by the compulsive behaviors of your brain, you are in a state of flow. When all four energies are guiding you into one direction, your sense of wellbeing increases as well as your wellness. Things seem to fall into place as if moved by a magical hand. You begin to strongly feel the truth that you are not alone. That the universe is reading you as part of itself. This is wholeness.

INSIGHT 15

Why is it so difficult for most humans to manifest?

Listening and believing the brain is called living by the flesh or the past. The past replays itself through your brain activities. And because you believe anything the brain says through the chemicals it creates that you feel as emotions, your four energies are always in disagreement. Refusing to listen to the brain and making the brain listen to you and become your servant is the only difficult task for humans.



PRACTICE

Teach me the practical way to align
my energies and to manifest with ease and flow.
(2011 CONVERSATION)



PRACTICE – STEP 1

Out of everything you desire, we simply want you to choose one.

You do not need to categorize them. You do not need to prioritize them. That's what your brain will want to do. But don't follow the brain. What is the priority right now is to align your four energies.

There is no greater priority than this. So, go ahead to choose what you want.



MY ANSWER

I want to make \$1000 a day.

PRACTICE – STEP 2

Now, name any possible means you can use to make the \$1000 a day.

You do not need to wonder if you are good at it. It should be something that you know will serve others if you learn to do it well. Don't think about credibility or anything of that sort. The priority is to simply choose as if you were good at it.

There is no greater choice than this. So, go ahead to choose what you want.



MY ANSWER

I want to make \$1000 a day selling
spiritual courses online.

PRACTICE – STEP 3

Now, describe how what you will be selling will improve people's lives.

You do not need to wonder about the quality of the product. We don't want you to think about competitors. Do not compare yourself to anyone else.

There is no greater playful and creative moment than this. So, go ahead and create using your imagination.



MY ANSWER

I want to make \$1000 a day selling spiritual courses online that will help people be grounded in who they really are so that they can live a happier, healthier, and wealthier life with their heart filled with daily enthusiasm.

PRACTICE – STEP 4

Now, we want you to share how making \$1000 a day will change your lifestyle.

We don't want you to limit yourself. Do not entertain the thought of something being too much. Do not judge anything. Simply speak from the heart.

There is no greater honest moment than speaking with no judgment and no assumptions. So, go ahead and share.

MY ANSWER

I want to make \$1000 a day selling spiritual courses online that will help people be grounded in who they really are so that they can live a happier, healthier, and wealthier life with their heart filled with daily enthusiasm.

As a result, I will have more time to spend with my wife and children traveling the world. I will purchase a large ocean front mansion with beautiful luxurious cars.

I will purchase a private jet, a yacht, and a retreat center to serve more people. My wife and I will build a life improvement center in various communities to serve youths, parents, and encourage artistic careers.

We will build the miracle house of India to serve former prostitutes and train them as world-class leaders and speakers to help women love their body across the world.

We will hire a personal assistant, an event planer, a housekeeping person, a gardener, a chef, and a family lawyer to financially and legally secure our assets for our children and their children, and close friends.

PRACTICE – STEP 5

Now, we want you to add images to the entire script of your desire.

What will the script look like if you were to put together a movie with that script? That's all we want you to do. Don't judge anything. Simply allow your mind to dream. Dream. Dream. Dream.

There is no greater creation moment than this. Go ahead and dream.

MY EXPERIENCE

I simply sat down and dreamed each line of my script. At first, my brain wanted to judge me as a materialist. But I remembered what the Angels said: “No judgment”. The judgment is from the brain-past-programming.

It is not real.

When my brain was having a hard time seeing some of the images, I went online and kept on searching and seeing pictures that reflect the part of the script my brain—due to past programming—was refusing to see.

But, with the power of repetition and remembering to be playful, after 30 minutes of practice a day, I was able to put together the perfect movie of the entire script in 14 days. It was one of the most amazing experiences.

PRACTICE – STEP 6

Congratulations. Now, do not change the script and do not change the images.

We simply want you to keep yourself, your wife, your children, and all the elements the same in the movie. Your brain will suggest to you to change the script and the movie in multiple occasions, but do not.

There is no greater grounding moment than this. Do you agree?



MY ANSWER

YES, I AGREE.

PRACTICE – STEP 7

Every single day, when you wake up, and before you go to sleep, you will **read** your script **three times**. You will **write** it down **one time**. And you will close your eyes and **dream** it **one time** with an instrumental background music. It must be a music that elevates your feelings and makes you feel joyful.

Do you agree to do this?



MY ANSWER

YES, I AGREE.



THE LAST INSIGHT

After 90 days, your brain will become the script and the images. The words will become “flesh”. Your brain will become your servant. It can no longer disorganize your internal energies. Then, your mind will feel grounded in one specific direction of your life.



The brain will then begin to create happy hormones and chemicals to support the script and the images wired inside the brain. Those hormones and chemicals will become your default feeling of joy.



**YOUR MIND AND HEART
ARE NOW UNITED.**

Your gut and your body will join them in that one vision. Your daily activities will be guided subconsciously and intuitively to enhance your desire into a magnificent obsession.



YOUR FOUR ENERGIES ARE NOW ALIGNED.

Once the four energies are aligned, they will begin to broadcast your desire through your brain waves and your auric field into the universe. The universe will then sync with your desire and telepathically guide the right people through their subconscious mind to create the events and the circumstances that will make your desire manifest

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SEE NEXT PAGE FOR A GIFT FROM ME & MY WIFE



ALAIN DAGBA

Spiritual teacher



**IF YOU HAVE READ
MANIFESTAMENT, THEN YOU
ARE READY FOR AURAGRAM.
IT'S OUR LAST GIFT TO YOU.
CLICK THE LINK BELOW:
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THE END

I AM GRATEFUL TO THE ANGELS
& TO THE GUIDANCE OF CHRIST.