

Practical Spiritual Insights & Wisdom

YOUR ³ GREATEST TREASURES

How To Deliberately Enhance
Your Daily Experience Of
HAPPINESS



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ALAIN YAOVI M. DAGBA

YOUR 3 GREATEST TREASURES

How To Deliberately Enhance
Your Daily Experience Of Happiness

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DEDICATION

To all our Soul Journey Students.
Thank you for being the
anonymous teachers the Divine
has been using to expand our
wisdom and knowledge of Life.

INTRODUCTION

Welcome to planet earth. Now that you are here, what's next? Why are you here? The answer to this question you may never fully know. And that's okay.

You are going to have to learn to be okay with not knowing the full answer to your questions. Live in the mystery.

Let the mystery unfold most of the time. You will eventually find out how helpful that is to your mental health and personal wellbeing. Some answers are worth waiting for. They will come to you when you are ready. And just in case you will be

wondering how the answers will know to come at the right time, let me tell you that the planet you are on is filled with powerful forces you cannot see.

You are not here alone. Even the ground you are standing on is a living consciousness. You have reached a magical planet. Hopefully you get a chance to see it before you leave. So, don't worry. When the time comes, answers will find you. Because everything is watching you.

But there is something much more exciting you should focus on. And that is how you are going to live this life on earth. That's way more important than any other questions you will try to

bother yourself with. Start with the obvious. Okay? You are here. Now what? That's the obvious.

You have probably noticed so far that you have a mind that thinks, a heart that feels, a body and a brain that carry you wherever you want to go.

You also know that you have a body and a brain that react to the outside world through your senses, and they process information, foods, drinks, and many other things you experience in this world.

So, you know enough to start this planetary journey. The rest will unfold as you begin to find out how to live this life.

Where do we start? Well, we can start with your greatest treasures. I believe we all have been given these treasures to unfold the obvious question.

You remember the obvious question: Now that I am here, what's next? It's the same question as: How am I going to live this life? The answer is simple, and we will soon get to it.

Just in case you will be thinking about it, let me make something clear before we proceed. Being on the planet for a certain amount of time does not mean you have started your planetary journey. So many people are still trying to figure out how to live this life in their forties and fifties.

You start figuring out how to live this life by using your three greatest treasures intentionally. We all have them. They are undeniable. Every single human being has been given these greatest treasures.

Well, to be honest they are gifts. They become treasures when we start treasuring them. Some people unfortunately happen to turn them into their greatest curses. It's unfortunate. But you will soon see why that could happen to most people—actually. I wrote this book for one purpose: To wake you up to the truth that you are not here forever, that you should start living right here and right now.

My purpose is to create a sense of a graceful urgency inside you to help you enhance your experience of living here on planet earth. To be honest with you, you have been given everything you need to live a wonderful and magical life on earth.

You have truly been given everything. And when you begin to truly live, this planet will begin to reveal its hidden magic to you.

That's when you will truly realize that the whole time you were standing on a piece of property that was carrying the glory of heaven in its bosom. So, sit, relax, and be ready to enjoy this book. As you read, you will

experience subtle shifts immediately about how you see life on a day-to-day basis. These small shifts are important.

At first, you will begin to make some small changes and adjustments to your life. And then before you finish reading this book, those small changes will turn out to be major changes, painting a stage for you to experience a tremendous inner transformation and awakening.

Much Love,
Alain Dagba

HOW TO READ THIS BOOK

This book has only one chapter. You read it as you go. It's more like a letter addressed to you.

ENJOY?

YOUR 3 GREATEST TREASURES

The book will not tell you what these treasures are. You will see them while reading. You will find them. And it's very easy to find them.

Let me ask you: Do you monitor your time? I mean are you intentional about how you spend your days?

Are you mindful of time and timing?

Your days are numbered. Do you know that? I mean, if you knew that you were given only 24 years to live here on planet earth, do you think you will live each day differently?

This is a question I want you to think about. You are on planet earth; yes,

but you are above all on a rental property and your lease will soon expired without the option to renew it—at least in this one lifetime.

Do you think the fact that you have no idea how long you were meant to be here is making you wasting time? I mean this sincerely. Pause and reflect.

You were born here but you did not start here. The only reason you were born the way we all were is to be able to put on a body. That was necessary. You needed that suit made of flesh and blood to operate here on earth.

Okay, now you are here. How are you going to spend life? Remember that the way you spend your time and energy is

the way you spend your life.

Time and energy are your real currencies. Everything on the planet is for purchase. And you must purchase everything with time and energy.

Time and energy are the currencies you must invest to have experiences on the planet. Every

experience you must purchase with time and energy—good or bad.

The less time you have the less good experiences you will have. The less energy you have the less good experiences you get to have.

And since time and energy are your real currencies, not having them is the true

meaning of poverty.
You understand? It's
important that you
understand this
definition of poverty.

Your life is time and
energy. That's all it is—
at least your life in this
physical dimension. So,
you came to spend life.
Pay attention to that
word “spend”.

The word is often used
for “money” or

“currencies”. Not only do you spend life, but you also spend time, and you spend energy.

How have you been spending your life? Ponder on the question for a moment.

When you get tired it means you spent energy. When you are busy all the time it means you are spending time.

The question is are you getting any valuable return?

Let's say you want to become a physician. Well, you are asking to have an experience.

How much of your currency of time and energy will it cost you to become a physician?
How much of your time and energy do you need

to spend to be able to afford that experience?

Each time you want to become something you are asking for an experience. Each experience has a cost and a price tag.

I think you have started to understand life as a currency at a deeper level.

When it comes to becoming a professional physician, maybe you will need to spend 7 years of your mental energy, emotional energy, and physical energy to finally purchase that experience of becoming a physician.

Do you now understand what I mean by everything is for purchase on the planet?

I am not taking about money.

Money itself needs to be purchased with time and energy. This makes time and energy the highest currencies on the planet.

Time + Energy = Life.

Everything you want to experience will require that you spend time and

energy. And time and energy are your life.

The way you spend your time and energy is the way you spend your life.

What I mean by “energy” is the combination of three layers of energies: your mental energy, your emotional energy, and your physical energy.

For example: When you are thinking, you are using mental energy. When you are feeling, you are using emotional energy. That's not it! There is a third one.

When you are walking, processing information through the brain, eating, or doing anything that requires your body and brain activities, you are using physical energy.

There are other forms of energies but let's work with what's obvious. Always begin with the obvious. It will keep you grounded. Okay?

So, your life is time and energy (mental energy, emotional energy, and physical energy [by the way these are not the three greatest treasures]).

How you spend your life is how you spend time and energy.

So, now you are here. What's next? >>> the next is to spend time and energy wisely to purchase amazing, wonderful, unforgettable, and breathtaking life experiences before you leave.

This is a decision every human being must make. Have you already made that decision? I am not talking about a shallow desire to be happy.

I am not talking about wishing. I am talking about sitting with yourself and making that decision as a vow to your soul and mean it with everything within you. It's more

ceremonial than a casual and careless desire.

Of course, everyone wants to live a good life. So, that's not what I am saying. I am talking about a moment with yourself alone in a sacred space within you when you make that decision.

Listen, the day you will do. That's the day your

journey begins. Up until that moment, you were just browsing the planet.

I am talking about making it a project to live a fulfilled life. I am talking about deciding, not wishing. This is bigger than a simple desire to be happy. I am talking about beginning your soul journey.

SO, I AM GOING TO SAY THIS AGAIN:

So, now you are here.
What's next? >>> the
next is to spend time
and energy wisely to
purchase amazing,
wonderful,
unforgettable, and
breathtaking life
experiences before you
leave.

Find a place to ponder
on it. Let it sink in. Feel
it in your bones. Ask

yourself if you are ready to make that decision. If yes, then make the decision. You don't need to know the HOW.

You remember? Let the mystery unfold? Okay! Now everything is making more sense to you—right? Let the answers find you.

You don't need to wait for answers or know all the HOWs before you

decide to live a fulfilled life on planet earth. You understand?

Make the decision.
Make sure it comes from your deepest and more intentional DESIRE to offer a fulfilled life to yourself before you depart from planet earth.

“How do I know I am ready to make this decision?” Some of you

are probably thinking.
Two ways you will
know.

The first way is you will
feel extremely excited
to make it. The second
way is you will feel
anxious and nervous to
make it. That's it. Both
ways mean you are
ready.

Some of you will
experience both
alternatively. You will

feel excited at first and then feel anxious and nervous later.

Some of you will reverse the order. You will feel nervous and anxious at first and then you will feel excited later to make that decision.

You probably want to know why these differences in feelings. Well, first you all are

different and have been through different experiences prior to being here and from being here.

Second, I told you that you are not alone here. What you see is not what you see. The trees, the animals, particles, the air, the wind, the natural fragrances, and other things are here with you. They are living entities.

They all carry dynamic forces that are interacting with your psyche from a deeper place of awareness that you cannot even begin to comprehend right now. So, stay with the obvious.

The obvious is you are having feelings about making that decision because your body is reacting to different vibrational data at the

cellular level that you are not necessarily aware of. That's all. And it makes no difference to the decision.

To keep that decision as the anchor of how you spend your life or time, and energy (mental energy, emotional energy, and physical energy) is all that matters the most. Okay?

Time and energy are your currencies. If you spend your time and energy listening to someone speaking trash and gossiping, you just scammed yourself.

What's a scam? You purchased something that did not give you the purpose that was promised.

So, if you spend your life (time and energy)

listening to trash and someone tearing down another human being's energy, have you not scammed yourself?

The promise you made to yourself is to spend time and energy (currencies) wisely to purchase amazing, wonderful, unforgettable, and breathtaking life experiences before you leave.

What did you get back from listening to trash and gossips? This is just an example of what many people are doing with their time and energy.

They wake up daily scamming themselves. They are turning their gifts into curses.

Let me ask you: what are you purchasing daily with your time and

energy? This is your life. If you spend 45 minutes to scam yourself, have you not wasted your life?

Do you know what it means to defile what is sacred? Life is sacred. Sacred things are meant to make you sacred.

When you are intentional about how you spend your life, you are honoring the

sacredness of life and that makes you sacred.

A sacred human being gets the attention of the forces of the universe to cause the earth to begin to unveil its magic.

Jesus was living on a magical land. He was a sacred human being. Getting money from a fish mouth. Speaking to the winds.

He was walking on water. Talking to trees. Turning water into wine. Multiplying fish and loaves. Could it get more magical than that?

You are designed sacred. You are gifted with sacred things to keep yourself sacred.

And the sacredness of life is found in how you spend your time and

energy while you are here.

SO, I AM GOING TO SAY THIS AGAIN:

So, now that you are here. What's next? >>> the next is to spend your time and your energy wisely to purchase amazing, wonderful, unforgettable, and breathtaking life experiences before you leave.

How does it feel now to read it again after knowing what sacredness is and how people could easily turn the gift of life into a curse?

How are your feelings now about making that decision? Take a few minutes to check.

Sometimes, when it comes to making serious decisions, we

are concerned with one question: Will I be able to live up to the decision I am making?

No, you will not. Isn't that obvious? It's like you wondering if you could make a perfect chair without any skill in carpentry.

So, you see that the question is irrelevant. You have never done something before, you

are going to suck at it.
Period. That's just the
obvious and it's
beautiful.

You make the decision
and then you learn to
become the person who
can live up to it. This is
common sense. But,
trust me, common
sense is not that
common.

Your decision is like
your destination. That's

it. There is no guarantee that you are going to reach your destination. But you get to learn to get there.

Okay, let's move onto something more serious. How are you going to live this life now that you are here?

First, think about the example I gave about scamming oneself.

Second, think about the sacredness of life.

Then third, read the statement about the decision again. Please, do it.

Then fourth, listen to your feelings.

Fifth, are you now ready? If yes, write down the decision to yourself as a vow and date it and frame it.

<<< On this day,
__Day__ / __Month__ /
__Year__ I vow to spend
my time and energy
wisely to purchase
amazing, wonderful,
unforgettable, and
breathtaking life
experiences before I
leave.>>>

Are you more excited to
make that decision? Are
you more nervous and
anxious? Are you feeling
both? Has anything

changed? Anyway, it does not matter. The decision has to be made.

Now, let's explore some behaviors. Since you have been here, on this rental property called planet earth, have you been wasting your time thinking about your problems instead of working on the solutions with what you've got?

The forces here are always giving you something to work with. It's a law. They must. So, you are never without tools and resources to work on solutions.

Have you been wasting your time and energy wondering what's wrong with you and why you can't get it together instead of using what you've got

to start making small changes?

If you have been displaying the above behaviors, please stop it right now. I am not trying to be rude. I am showing you what you are capable of.

Spending the gift of life wondering about what's blocking you and why you keep having this

problem and that issue is scamming yourself.

I told you to leave all the non-obvious aside and work with what's obvious. It's never going to be obvious why problems and issues keep showing up. So, drop the question.

What's obvious is that you have been given time and energy. Is that not true? YES. Okay,

work with what you've got. Is that not simple enough? YES. So, let's move on.

How do you work with what you've got?

1. Schedule your time
2. Budget your time
3. Show up
4. Be intentional
5. Expect the unexpected
6. Be flexible with change

Why should you do these 6 things? Because you are mindful about how you use your time and energy wisely to purchase amazing, wonderful, unforgettable, and breathtaking life experiences before you leave.

But you cannot direct yourself toward a decision you have not yet made. Do you now

understand? You need to have a direction before you can follow the instructions to get there.

Where are you heading? I am heading toward spending time and energy wisely to purchase amazing, wonderful, unforgettable, and breathtaking life experiences before I leave.

Okay! Now, how many time are you spending daily scamming yourself? I mean wasting your mental energy and emotional energy on thoughts and feelings that are depressing. Be honest.

I want you to start watching what you are letting your mind do to you because you have not grounded the mind in a decision about

spending time and energy wisely to purchase amazing, wonderful, unforgettable, and breathtaking life experiences before you leave.

How do you make a purchase? With time and energy. You have already been doing that. Let me ask you: have you been purchasing fear, self-doubt,

depression, and
disappointment?

Listen, if you have, it's
no one's fault. You
thought that was the
way to live your life.
And you are not the
only one. Most of the
planet is doing it.

HERE IS ANOTHER
THING: If you start
believing that someone
or something is
responsible for the

misery you have been going through, here again you are wasting your currencies and scamming yourself.

Are the thoughts of someone being held responsible for your pain, guilty for your failures, and being punished, helping you spend time and energy wisely to purchase amazing, wonderful, unforgettable, and

breathtaking life experiences before you leave? NO.

So why are you having those thoughts—almost daily? Because this is what you thought was the way to live.

Because you have not given your mind a firm task to focus on a strong decision to spend your life, time, and energy to purchase

experiences that are amazing, wonderful, unforgettable, and breathtaking, you are being hypnotized by the planetary collective beliefs about living.

Are you listening? I hope you are. Because this book came to you as a message to wake you up to what's been going on with your accountant. The one you have trusted with

your currencies: The mind.

Have you started to see how this accountant of yours have been managing and spending your time and energy? Okay! If you started to see this, then let's do something about it.

Are you intentionally sculpting your days on earth? It's called having a calendar, an agenda,

or a schedule and then manifest yourself into that timeframe to fully immerse yourself into an experience that will elevate your sense of fulfillment and creative progress. Please read this again.

Sculpting your days on earth? YES!!! Time is a psychological substance that can be molded and sculpted into a visible form: Your Lifestyle.

Time sculpting is called having a calendar, an agenda, or a schedule and then manifesting yourself into that timeframe to fully immerse yourself into an experience that will elevate your sense of fulfillment and creative progress.

I am inviting you here to sculpt your days on earth because living is meant to be an art.

Are your days intentionally sculpted or are you leaving it up to your accountant, the mind, to figure out? I don't need to tell you how terrible of a job it will do without your instructions. The results will be boredom, addictions, procrastination, excuses, fear of rejection, anxiety, and depression.

This is your life not your mind's life. You understand? Your mind is supposed to be a tool. Not the one to make decisions about how you should live your life.

I do understand that sometimes people will bring their drama to you. They will bring their problems to you. They will bring their troubles into your

universe. I do
understand that.

But this is what I want
you to see: They bring
these things to you and
into your universe
simply because of the
way you have been
living. Once you change
the way you have been
living, it will stop.

How have you been
living? Randomly?
Remember that the

universe is a force that acts like a mirror. Not living intentionally is asking the mirror to throw into your life random events and distracting circumstances.

Not making a decision about how you want to live is asking for unstable events and emotionally unbalanced people to show up in your life and your

universe. Please read this again.

You are not here alone. You understand? Everything is watching you. Your energy has been read and manifestations are happening according to your vibe. Your vibe is a message.

There are more than trillions of forces in your body alone that are

vibrating to the universe through telepathic and electromagnetic communication what you have been up to. Do you understand?

Trust me, everything that has been happening to you prior to your birth to this point is justifiable in the bigger picture of things. So, don't play the victim at all. There are non-

obvious things you will eventually come to know and understand the moment you become good at taking care of the obvious.

Once you create a clear structure about your life and once you start living intentionally, watch how the universe will respond.

Have a daily structure to flow into your activities

with grace, getting things done, and you will start having showed up in your life things that will enhance harmony, order, and intentionality. Is that simple. And it will blow your mind.

Okay! I think you are now becoming clearer and clearer about what we are up to here. Now, let's move on to deeper things. You are ready.

You made the decision,
and you now
understand that
creating a structure
around that decision is
what I call having a
project to live a fulfilled
life. Good!

The application of the
project of living a
fulfilled life is about two
things and two things
only: “Take out” and
“Add on”. That’s it. A
very simple math.

Subtraction and Addition.

Look into your life and make a list of the things you have been doing to scam yourself. I want you to watch your mind and your feelings daily for the next 14 days.

Take a clear note of the thoughts and feelings your accountant or mind has been harboring to waste your

time and your energy. When you are done, start subtracting them out of your life.

What is out of your mind will eventually be out of your life. Have you noticed that the moment you and someone or a group of people disconnect emotionally due to an issue, you will stop seeing them even if they live in the same

city as you? I told you
there are forces
watching you and
reading your vibes.

Watch your thoughts
and feelings during the
day, and then each
night with a lot of grace,
write down those
thoughts and feelings
that your accountant or
your mind has been
wasting your time and
energy on to scam you.

These are negative thoughts and feelings.

This is not a time to judge yourself. You are not the mind. You are the owner of this company called YOUR LIFE and you are auditing the mind to make sure things are now done differently. That's it. Okay? Alright. Let's move on.

After 14 days, I want you to create a schedule of your daily life to do things that will help you spend your time and energy wisely. For what reason?

SO, I AM GOING TO SAY THIS AGAIN:

So, now that you are here. What's next? >>> the next is to spend time and energy wisely to purchase amazing, wonderful,

unforgettable, and
breathtaking life
experiences before you
leave.

This step is about
adding to your daily life
habits, rituals, activities,
learning new skills, and
routines that will move
you toward spending
time and energy wisely
to purchase amazing,
wonderful
unforgettable, and
breathtaking life

experiences before you leave.

This is how you harmonize your chi or life force, purify your vibe, give a clear reading of your aura to the cosmic forces that are flowing through you and all around you, and manifest your desires with ease.

It's time to rearrange your life. It's time to let

go of old habits that have not been serving you. But there is no need to fight with anyone or to hate anything.

Simply make a list of what the mind has been doing to scam you and subtract them out of your life. These are the negative thoughts and feelings, and the behaviors they create.

Then, add to your life the thoughts, feelings, activities, and actions that will support your decision to spend your life (time and energy) wisely to purchase amazing, wonderful, unforgettable, and breathtaking life experiences before you leave. I call this SCULPTING your life.

SCULPTING is about INVESTING your life.

You are here to invest and get something in return. Jesus will call it “gathering treasures” (wonderful feelings or energies) in your internal heaven before you die.

Listen, this is not about going at removing people out of your life. This is about being conscious about how you spend your time and energy. That’s it.

Once you start doing things that are supporting your decision to live life differently and more harmoniously, the universe and the forces that are watching you will read your auric data and remove what needs to be removed.

So, focus on the obvious. Stop wondering about many HOWs and what you

can do to help the universe. Relax and do the obvious.

Once your auric data or vibe is sending a new signal, everything else will be taken care of. Watch!

Your auric data or vibe is the information you carry in your energy body or the vibration you give out. The vibe you give out is not just

read by humans.
Everything in the
universe is reading your
vibe. It's a real data.

So don't worry about
what would happen or
who to cut out and all
that non-sense which
are other ways to have
the mind scam you
again. Do the obvious.

Sculpt your daily life
wisely. This is a project.
You are the project

manager. And this audit is only between you and your accountant or mind.

The clients or people the mind has been using to scam you don't matter in this project. So, leave people alone.

I already told you there are forces at work that can see more than what you can see. Do the obvious. Things that

have happened to you
happened because you
were not sculpting your
life.

So, the forces inside
your body led you to
the places those things
were supposed to
happen. They led you to
the people who created
those things.

For example, if you feel
anxious about money,
everything that

happened to you to lose money or waste money happened because of that anxiety about money. So let it go.

If you have been walking around with a vibe that says, “I can’t trust people”, “I am afraid”, “I don’t want people to take advantage of me”, and so on, then everything that happened to confirm those feelings

happened because of those feelings. So, you are not that innocent. Let's move on.

In some ways, your accountant or the mind did not know any better, so it designed your auric data to attract those things you call "bad" or "evil" or "painful experiences".

Now, listen carefully. Part of your mind has

started to do this before you were born. WHAT? Yes, I said it. Because part of your mind is part of your parents' energy field or auric data. You came through them because your auric data was compatible with theirs. There is no accident.

So, their auric data created the perfect environment for your birth. So, you showed

up exactly where you were supposed to show up. So, relax.

There is a reason they chose to live where they lived, and met the people they've met, to prepare the way for you to come into the environment you found them. But I don't want you to worry about these details.

What can be done now?
That's all that matters,
and we are doing it
now. Okay? So, stay
focused. Set your
attention on the
obvious.

**SO, I AM GOING TO SAY
THIS AGAIN:**

So, now that you are
here. What's next? >>>
The next is to spend
time and energy wisely
to purchase amazing,
wonderful,

unforgettable, and
breathtaking life
experiences before you
leave.

So, now, as you are
adding to your schedule
consider the following
ingredients:

What are the thoughts I
want to think today that
will make me feel
excited about life?

What are the feelings I want to feel today that will make me feel grateful about life?

What can I do today as an activity to feel more connected to nature?

What can I do today to make me feel creative?

Who can I uplift today with a word or a gift or an action that will make me feel meaningful?

What can I start working on to serve humanity in a way to provide a solution to people's problems using a service or a product?

How can I start a new way of making money to give me more time to travel and spend time with the people I love and doing things I love?

How can I start improving my health?

Is there something I need to learn about my body and what I eat?

What are some of the actions I could start taking to be more involved in my community to meet new people as we serve each other?

What new things can I learn? It could be a language, a skill, or a

performance of some sort.

What can I read to help me create better habits that will improve my relationship with God, others, and money?

Where can I find a good community of positive people and likeminded people to keep nourishing and deepening my sense of knowingness (intuitive

insight about life) and knowledge (understanding of the mind, the body, finances, relationships, and health)?

What can I do today to feel playful, to laugh, and feel like a kid again?

Use these ingredients to sculpt each day of your life. You have seven days a week. So, you have plenty of

questions (ingredients) above to create each day.

Be fully immersed into this project. You can use three ingredients per day. It's up to you.

Be fully conscious of each step of it. Give it all your attention. Embrace each inch of the progress you make to sculpt your life this way.

When you are done. Do not hand your calendar over to your accountant or the mind to execute. It will see what's on the calendar but won't do it. It will want to keep the old habits of wasting your time and energy.

Stay in charge. Use the accountant to simply keep count of the wonderful return you are making on your

investment of time and energy each night before you go to sleep by journaling about the feelings each amazing, wonderful, unforgettable, and breathtaking experience of the day has given you.

Give a job to the mind to journal every single moment you manifested yourself into the timeframe you

carved out for yourself
to spend your time and
energy wisely to
purchase amazing,
wonderful,
unforgettable, and
breathtaking life
experiences before you
leave.

Your accountant is
designed by the creator
to serve you, not to
take your place.

Now that you know
your place and the task
the accountant is meant
to do, you can stop the
way it has been
gambling your treasures
away.

When you wake up not
knowing what to do
with your life, you are
gambling your time and
energy away.

Each time you do, you
will be expecting a little

happiness from here
and there, and
sometimes you do get
some, but not a lot; and
it's always flickering.

Life is not a casino. But
people can turn their
lives into a casino
where everything and
everyone is seen as a
slot machine.

They throw their time
and energy into vial
things and useless

conversations as slot machines, expecting those machines to spit out a return.

This is not how life is meant to be. You are made by a creator to be a creator. So, you have to create everything starting with your life—the life you want to live.

You want peace, then you must design your

life in a way to be able to experience it.

You want wealth and fortune, then you have to design your mind and your heart and your environment to attract it.

You have to become an artist, a sculptor of your life. I just showed you how to do it. And I cannot wait to hear from you. I would

seriously like to know
how everything turned
out for you.

BUT REMEMBER...

1. Schedule your time
using the
ingredients
2. Budget your time to
follow through
3. Show up to execute
4. Be intentional to
maintain your vibe

5. Expect the unexpected by doing the obvious
6. Be flexible with change to stay in the mystery

When your vibe is sending out a clear data about how you want to live your life based on how you manifest yourself into your schedule, you don't have to worry about anything.

The universe and the cosmic forces that are flowing through you and all around you know what to do.

When unexpected things happen, no worries. Relax and they will turn out to be in your favor.

If there is a need to cry, cry. Don't fight any emotion and don't judge any thought. Stay

consistent in sculpting
your days.

You will find strength in
your chi or life force to
go through almost
anything because your
energy centers are
grounded and steady.

This is the end of my
heart-to-heart message
to you. I hope to see
you and get to know
you, if possible, in my

live online mysteries
school via zoom.

I am looking forward to
hearing your
testimonial after
reading this book. Learn
more about me and the
mysteries school by
visiting:

www.alaindagba.com

Much Love,
Alain

I LOVE
YOU

